

EQUITATION MOVEMENTS 2011

* **CIRCLES:**

Circles are 20m in diameter unless otherwise specified.

* **TROTting POLES:**

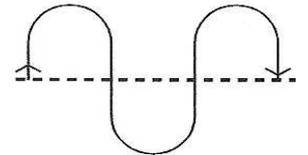
4- 6 poles which are to be 1,40m apart for horses and 1,20m for ponies.

* **FIGURE 8:**

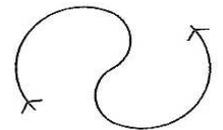
Circles should be not more than 20m in diameter and equal in size.
The movement should begin and end at the centre point of the figure 8.

* **SERPENTINE:**

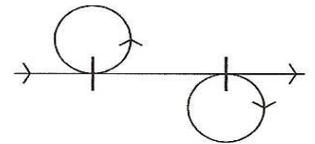
The shape is slightly variable depending on the shape and size of the arena available. All loops should be equal in size. The movement starts and finishes on an imaginary centre line.

* **DEEP S:**

Deep S to be ridden in trot and/or canter as directed.
The S is ridden on circular tracks of 15 - 20m with the rider doubling back in the change of direction. Both "loops" to be equal in size

* **TROT CIRCLES OVER POLES ON THE GROUND:**

Circles should be between 10m and 15m in diameter, both being the same size.

* **MOVEMENT WITH ONE HAND:**

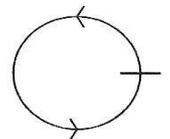
The competitor places both reins and the stick in one hand and the other hand remains along the side of the rider behind the thigh in a **relaxed** manner at the start of the movement. The reins are taken up again once the movement is complete.

* **LENGTHENING AND COLLECTION ON A CIRCLE:**

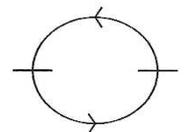
The lengthening and collection must be more instant than gradual.

* **CANTER ONE JUMP ON A CIRCULAR TRACK:**

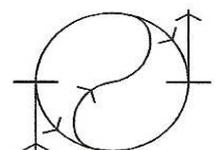
The circle must be 20m diameter.

* **CANTER TWO JUMPS ON A CIRCULAR TRACK (1):**

Jumps to be approximately 20m centre to centre

* **CANTER TWO JUMPS ON A CIRCULAR TRACK (2):**

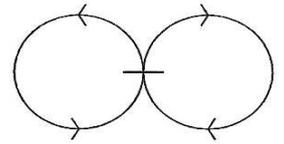
Canter 2 jumps (set 15-20m apart centre to centre) on a circular track, change through the circle and jump both jumps in the opposite direction.
The circular track is to be maintained over the jumps.
2 efforts on right rein and 2 efforts on left rein



EQUITATION MOVEMENTS 2011(cont.)

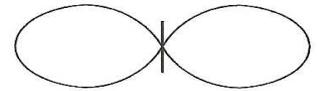
* **JUMP A SINGLE VERTICAL ON A FIGURE 8 TRACK (Novice & Intermediate):**

3 Jumping efforts



* **JUMP A SINGLE VERTICAL ON A FIGURE 8 TRACK (Open):**

3 Jumping efforts



* **MERCEDES:**

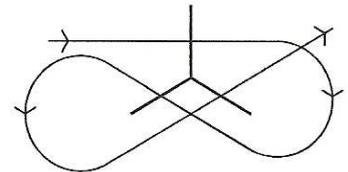
The Mercedes jump consists of 3 vertical jumps resembling a mercedes sign. The competitor may start on either rein in any direction.

The pattern is the following:

Jump one element

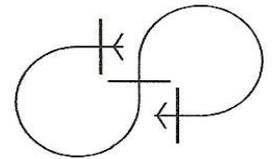
Go around the element nearest you and jump the second element

Change rein and jump the final element



* **JUMP A ZIG-ZAG**

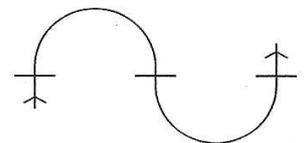
The zig-zag consists of 3 vertical jumps built at right angles. The competitor may start on either rein at one end of the zig-zag and jump each vertical at the centre, landing on the correct leg - 3 jumping efforts. Loops between jumps should be the same size. As this exercise helps to prepare horse for a jump off in show jumping, the aim is for the loops not to be large.



* **SERPENTINE OVER 3 VERTICALS SET IN A STRAIGHT LINE (1):**

Canter a serpentine over 3 verticals set in a straight line. Jumps to be 15-20m apart centre to centre.

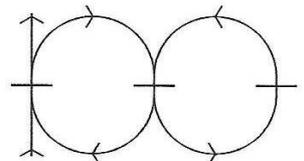
3 jumping efforts - loops to be the same size.



* **SERPENTINE OVER 3 VERTICALS SET IN A STRAIGHT LINE (2):**

Canter a serpentine over 3 verticals set in a straight line. Jumps to be 15-20m apart centre to centre.

5 jumping efforts - loops to be the same size.



* **3 BOUNCES ON A CURVE (OPEN):**

Canter 3 bounces set on a curve.

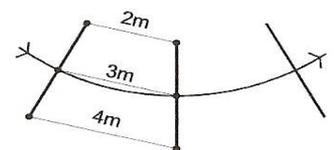
Heights: Ponies - 50cm Horses - 60cm

All dimensions based on 3,6m pole length

This movement requires rider to approach on an approx. 10m curve.

For **Ungraded Classes** dimensions should be as Intermediate diagram below

Note to course builder: The centre of each pole should follow a perfect curve



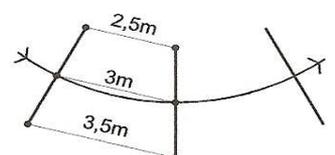
* **3 BOUNCES ON A CURVE (INTERMEDIATE):**

Canter 3 bounces set on a curve.

Heights: Ponies - 50cm Horses - 60cm

All dimensions based on 3,6m pole length

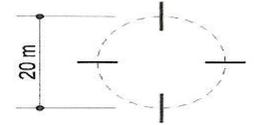
This movement requires rider to approach on an approx. 20m curve.



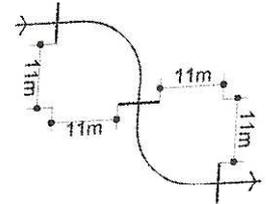
EQUITATION MOVEMENTS 2011 (cont.)

* **4 POLES ON A CIRCULAR TRACK:**

Canter 4 poles on a circular track. Poles to be 20m apart centre to centre. Competitor should aim to put the same number of strides between each pole while maintaining balance and rhythm on the circle.

* **THE "S" BEND**

Canter 2 related distances (5-6 strides) on the curve. Should ideally be jumped showing as smooth and accurate a track as possible between fences 1 and 2 and 2 and 3. The exercise may be jumped in either direction.

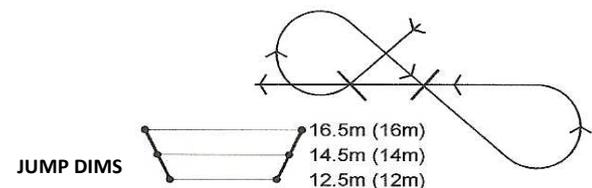
* **RELATED DISTANCE:**

Jump a related distance twice, adding a stride the second time. Any two **VERTICALS**, 3 - 6 strides apart, may be chosen. Verticals should be on a straight line.

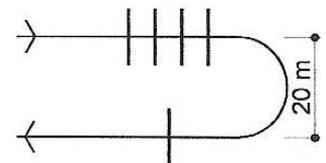
Should the competitor refuse at the 2nd vertical on either of the 2 rides, both verticals must be retaken to show the required number of strides.

* **LOOPING STAR:**

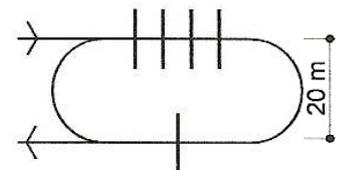
Approach and jump either fence to start. Half circle and jump 2nd fence. Loop back on oneself and jump both fences in a straight line. Dimensions shown are based on 3,6m pole lengths (pony dimensions shown in brackets).

* **TROT TROTting POLES AND CANTER JUMP (1):**

The competitor may ride the exercise on either rein. Approach 4 poles in trot. Pick up canter before the jump, on a circular track, and canter the jump.

* **TROT TROTting POLES AND CANTER JUMP (2):**

The competitor may ride the exercise on either rein. Approach 4 poles in trot. Pick up canter before the jump, on a circular track, and canter the jump. Return to the trot on a circular track and repeat poles and jump.

* **GYMNASTICS:**

The heights of gymnastic exercises should be approximately 10cm lower than the recommended show jumping height for that class.

* **LEG YIELDING:**

It is recommended that leg yielding movements should be ridden in clear view of the judges.